

Stellar Productions presents... First time in Sedona!

Breaking the Habit of Being Yourself – How to Lose Your Mind and Create A New One

Joe Dispenza, DC

April 17 & 18, 2009

Sedona Creative Life Center

Friday night 7:00 pm - 9:00 pm

Saturday 10:00 am - 4:00 pm

Rewire your brain by taking a journey in brain evolution – using scientifically proven neurophysiological principles. Join Joe Dispenza, featured in *What the BLEEP Do We Know?!* and bestselling author of *Evolve Your Brain: The Science of Changing Your Mind* and explore the multi-faceted relationship between your brain and body. Multimedia presentations and interactive processing enable you to begin to make important changes in your body-mind connection.

You will be given the important steps to overcome destructive emotional states, such as insecurity, unworthiness and anger. Replace those emotions with new states of mind as you are guided through a step-by-step process of personal change to transform yourself from thinking to doing to being. You will interactively discover the 10 steps to rewiring your brain – the basis of Dispenza's upcoming book, due for release in 2009. Also discover:

- How neural nets are assembled
- What is mind
- How to evolve your brain by changing your mind
- How to break unwanted emotional patterns
- What is attention and how you can improve it
- What is the relationship between your mind and your life
- How to create new patterns and habits in the brain and body

Make significant changes in your life by re-wiring your brain, 100 billion neurons firing into infinite patterns. Utilize tools to enable you to apply this process at any time in the future. Your mind is your brain in action. Change your mind, change your brain; change your brain, change your mind.

Tickets: Friday night only - \$45.00. Saturday only - \$135.

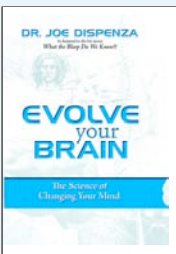
\$155 general seating and \$195 front row for the two-day lecture and workshop series. Call (928) 282-2450 or toll free 866-304-8700, email karen@stellarproductionslive.com or visit www.stellarproductionslive.com.



Joe Dispenza, D.C., studied biochemistry at Rutgers University in New Brunswick, N.J. He has a Bachelor's of Science degree with an emphasis in Neuroscience from Evergreen State College in Olympia, WA. Dr. Dispenza also received his Doctor of Chiropractic Degree at Life University in Atlanta, Georgia, graduating magna cum laude.

Dr. Dispenza's postgraduate training and continuing education has been in neurology; neuroscience; brain function and chemistry; cellular biology; memory formation; and aging and longevity.

Over the last 10 years, Dr. Dispenza has lectured in over 17 different countries on six continents educating people about the role and function of the human brain. He has taught thousands of people how to re-program their thinking through scientifically proven neuro-physiologic principles. As a result, this information has taught many individuals to reach their specific goals and visions by eliminating self-destructive habits. He explains how thinking in new ways, as well as changing beliefs, can literally rewire one's brain. The premise of his work is founded in his total conviction that every person on this planet has within them, the latent potential of greatness and true unlimited abilities.



His new book, *Evolve Your Brain: The Science of Changing Your Mind*, connects the subjects of thought and consciousness with the brain, the mind, and the body. The book explores "the biology of change." That is, when we truly change our mind, there is a physical evidence of change in the brain. Dr. Joe explains the roles these functions play in physical health and disease. His DVD series, *Your Immortal Brain*, looks at the ways in which the human brain can be used to affect reality through the mastery of thought.

Dr. Joe is one of the scientists, researchers, and teachers featured in the award winning film, "What the BLEEP Do We Know!?" When not traveling and writing, he is busy seeing patients at his chiropractic clinic near Olympia, Washington.